

1. MONOLOGUE

PIRMOJO POROS KANDIDATO

Time: 3–4 minutes

Topic: **Routine & Adaptability**

Task: Read the statement and answer the questions below.

Strong reliance on routine can create stability, yet it may also limit openness to unfamiliar experiences.

- What is your reaction to the content of the statement? Justify your answer by explaining why.
 - Why does routine create a sense of stability for many people, especially in uncertain contexts?
 - How might young people balance structured habits with a willingness to explore new possibilities, and why would this balance be effective?
- ❖ *Additional question: Do people today need to change their plans more often than previous generations? Why?*

1. MONOLOGUE

ANTROJO POROS KANDIDATO

Time: 3–4 minutes

Topic: **Digital Habits & Reality**

Task: Read the statement and answer the questions below.

Constant access to digital experiences can make it easier to step away from real-life challenges rather than confront them directly.

- What is your reaction to the content of the statement? Justify your answer by explaining why.
 - Why do people choose distraction instead of dealing with difficulties, and how would you judge the effects of this habit?
 - How might young people become more aware of unhealthy digital habits, and why would this awareness be effective?
- ❖ *Additional question: Do young people today rely more on digital experiences than previous generations did? Why?*

2. DIALOGUE

KANDIDATŲ POROS

Time: 4–5 minutes

Topic: **Staying Positive: Strength or Weakness?**

Situation: Together with your partner, you are taking part in a creative lab for young content creators. You are working to prepare an educational podcast that addresses the topic above and why it is relevant to your generation. The podcast should last ten minutes and offer practical and convincing advice.

Task: In your discussion, exchange the following information:

- consider why the topic matters,
- explore **both** perspectives on the topic,
- agree on at least one piece of advice young people could follow, and justify why this advice would be helpful.

Candidate 1 starts the conversation.